

Greater Pleasant Branch Baptist Church

Connect Learn Grow

Wednesday Bible Study -Theme: Practicing Spiritual Disciplines

September 29, 2021

Review of Robert J. Foster's Introduction from: September 22, 2021

- I. Review (Foster's introduction to his book -The Celebration of Discipline-The Path to Spiritual Growth)
 1. The grace of God provides spiritual disciplines for the benefit of believers.
 2. Spiritual disciplines place believers in the presence of God as spiritual sacrifices.
 3. God uses spiritual disciplines to build in believers Christ-like character/spirituality.
 4. The practice of spiritual disciplines is not " works righteousness."
 5. Spiritual disciplines possess no righteousness of themselves but are means to an end, that is , they are goal -oriented.
 6. The result of practicing spiritual disciplines is all of God, all of grace.
 7. The practice of spiritual disciplines is an interactive process involving the believer and God.
 8. Through the practice of spiritual disciplines we experience the back and forth of the process: believers present themselves as living sacrifices and God transforms their character.
 9. The practice of spiritual disciplines is a life-long learning process.
 10. Spiritual transformation is a life-long process of character development and the result of God's grace.
 11. Meditating,memorizing and studying God's word is central to the practice of spiritual disciplines.

II. Class activity

1. Discuss Galatians 4:19-20 (AMP-translation of the Bible). What are the key words, phrases and thoughts in this passage of scripture ? What is the meaning of the passage ? What is the message of the passage?
2. Discuss Romans 14: 17 (AMP- translation of the Bible). Does this verse provide an example of spiritual transformation/ spirituality ?
3. Share a spiritual discipline that you practice and describe your experience.

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